

Crystal Meth

Reference Guide



"Remember Your Spirit"

NATIVE COURTWORKER AND COUNSELLING ASSOCIATION OF BRITISH COLUMBIA



TM

“A HELPING HAND TO JUSTICE”

The Native Courtworker and Counselling Association of British Columbia provides culturally appropriate services to aboriginal people and communities consistent with their needs. Our service is accomplished through access to counselling and referral services to clients with substance abuse and detox support issues; advocacy service for aboriginal family and youth; and to facilitate and enhance access to justice by assisting clients involved in the criminal justice system.

Our dedicated employees are responsive to the needs of the community by providing quality, innovative and educational options where people are treated with dignity and respect.

Phone: 604-985-5355 Fax: 604-985-8933 Email: nccabc@nccabc.net
www.nccabc.ca

Native Courtworker

and Counselling Association of British Columbia

Dear Reference Guide User,

Methamphetamine, also known as “Meth,” “Speed,” “Crank” or “Ice,” is a powerful and highly addictive stimulant that affects the central nervous system. Meth is a synthetic drug produced or sold as pills, capsules or powder that can be smoked, snorted, injected, or swallowed.

This drug represents a clear danger to our aboriginal communities that we have never seen before. As a neurotoxin, Meth damages the nervous system. Its use can cause dependence and addiction, psychosis, stroke, dangerously high body temperature, and cardiac arrhythmia. Withdrawal often results in severe depression and paranoia. Long term users become aggressive and violent.

Crystal Meth is unlike other drugs because its production can put communities at high risk of contamination, explosion, injury and death, among other things. This reference guide was created as a front line weapon for fighting this drug and its effects on individuals, families and whole communities.

The guide can also be used to help local organizations and/or Chief and Councils recognize and deal with the presence of Crystal Meth use or production in their communities. The toxic gases created during the “cooking” of the chemical cocktail can kill, injure or burn an

unprotected person. A house that once contained a lab can no longer be lived in because the gases are absorbed by the house and release over a long period of time.

This reference guide will be used to inform Aboriginal Courtworkers, many of whom often work alone across the country, of the precautions they should take when interacting with a client on Crystal Meth. Our thanks goes to the Government of Canada and the Department of Justice for providing the funds to make this reference guide possible.

The drug’s low cost makes it an easily accessible poison to all of our peoples. Our goal is to prevent Crystal Meth from having a chance to destroy whole communities. That is why we’ve also provided a list of resource organizations in each province and territory.

Use the guide to help our people.

Darlene Shackelly
Executive Director, NCCABC



*This Crystal Meth Reference Guide was funded by the Programs Branch, Department of Justice Canada. The views expressed herein are solely those of the author and do not necessarily Represent the views of the Department of Justice Canada.

*Meth Lab photos courtesy of Drug Awareness section 'E' Division.

Info Sources: Royal Canadian Mounted Police, PBS, Health Canada, Narconon, Crystal Recovery.com

Disclaimers: None of the commercial products shown in photographs are meant to imply that the companies endorse the use or production of illegal methamphetamine.

Special Thanks, to the R.C.M.P. "E" Division for providing real samples of Crystal Meth and MDMA to be photographed. Particular thanks to Cst. Richard De Jong for his assistance.

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www.abostar.ca
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CANADA

BRITISH COLUMBIA

ALBERTA

SASKATCHEWAN

MANITOBA

ONTARIO

QUEBEC

NOVA SCOTIA

PRINCE EDWARD ISLAND

NORTHWEST TERRITORIES

YUKON

NUNAVUT

What is Meth?

What is Meth?

Methamphetamine -- its slang terms include 'crystal,' 'jib,' 'crank,' 'Jenny Crank,' 'ice,' 'speed' and 'Tina' -- is a powerful, addictive synthetic stimulant that causes the brain to release a surge of dopamine, creating a high that lasts from six to 24 hours. It can be smoked, snorted, orally ingested, and injected. It is available in many different forms and may be identified by colour, which can range from white to yellow to darker colours such as red and brown. Methamphetamine comes in a powder form that looks like granulated crystals and in a rock form known as "ice," which is the smokeable version of methamphetamine.

Side effects of using meth include convulsions, dangerously high body temperature, stroke, cardiac arrhythmia, stomach cramps, and shaking. Chronic abuse can lead to psychotic behaviour including intense paranoia, visual and auditory hallucinations, and out-of-control rages. Chronic users develop sores on their bodies from scratching at "crank bugs" which describes the common delusion that bugs are crawling

under the skin. Long-term use may result in anxiety, insomnia, and addiction. After methamphetamine use is stopped, several withdrawal symptoms can occur, including depression, anxiety, fatigue, paranoia, aggression, and an intense craving for the drug. Psychotic symptoms can sometimes persist for months or years after use has ceased.

Chronic abuse can lead to psychotic behaviour including intense paranoia, visual and auditory hallucinations,



How is Meth made?

How is Meth Made?

Making methamphetamine is a multi-step cook process. The key ingredient is ephedrine or its cousin, pseudoephedrine. Both are chemicals found in over-the-counter cold, cough and allergy medicines. Additional chemicals are used to isolate the ephedrine or pseudoephedrine, cook it into meth, and process it into a form for consumption. These chemicals can be cheap, everyday household items like ammonia, lye, and red phosphorus scraped from matchbook covers. Start to finish, the cook process takes about 48 hours and can be hazardous because at one or more stages, the solution needs to be heated, producing toxic fumes and the chance of explosion.

Examples of toxic chemicals may include:

- acetone
- lithium batteries
- iodine
- rubbing alcohol
- drain cleaners containing sulfuric acid or muriatic acid
- ether (engine starter)
- paint thinner
- kerosene

(These products are only a small portion of the dangerous chemicals that go in to making meth.)



What are the effects of Meth on the body?

What are the effects of Meth on the body?

Methamphetamine causes the body to release large amounts of dopamine, a neurotransmitter, resulting in a prolonged sense of pleasure or euphoria for the user; however, over time, this causes severe side effects. With repeated use, meth depletes the brain's stores of dopamine and actually destroys the wiring of the dopamine receptors. This is a major reason why users become so addicted to the drug; without it they are no longer able to experience pleasure (a condition known as anhedonia), and they usually slip into a deep depression. Although dopamine receptors can grow back over time, studies have suggested that chronic meth use can cause other permanent brain damage, such as declines in reasoning, judgment and motor skills. In addition, meth is a powerful stimulant that causes the heart to race and the blood vessels to constrict, which can lead to a number of serious medical problems, including heart attack, stroke and even death. During these energy-fueled meth "runs," which can last days, users generally exhibit

poor judgment and dangerous, hyperactive behavior. For instance, many addicts have committed petty and violent crime when high on the drug, and even for casual users the drug can increase the libido and lead them to engage in risky, unprotected sex. Long-time users have been known to develop symptoms of psychosis, including paranoia.

Source:pbs.org

This is a major reason why users become so addicted to the drug; without it they are no longer able to experience pleasure (a condition known as anhedonia),



(Pipe used to smoke crystal meth)

How common is Meth use?

How common is Meth use?

General population surveys on alcohol and other drug use are often done by telephone interviews. You may have even participated in surveys done through questionnaires at your school. These studies show a low rate of Meth use in the general population.

For example, a major recent survey, the Canadian Addictions Survey 2004 (CAS), asked people about their use of “speed”, an informal term that covers all amphetamines, including Meth. The CAS showed that 0.8% of Canadians reported using speed at least once in the previous 12 months.

That doesn't seem like a big percentage so why the big deal? Firstly, 0.8% of Canadians 15 year and older equals about two hundred thousand people so, while that number is much smaller than some other substances, it's still significant. Also, standard surveys and interviews in the general population likely miss hard-to-reach people such as street youth. Information from other sources suggests that Meth use is much higher among this group.

Information, such as hospital admissions, shows that the number of people seeking treatment for Meth problems is growing. Police have also uncovered more clandestine laboratories producing Meth. They have also seized greater quantities of Meth. All these factors point to increasing Meth use, particularly in British Columbia, Alberta, Ontario and Quebec.

**Source Health Canada*

standard surveys and interviews in the general population likely miss hard-to-reach people such as street youth.

FINALLY BE IT RESOLVED that the National Chief call for a strong emphasis on the crystal meth epidemic among First Nations youth and the need for support to address this issue and other emerging addictions, during the September 2006 International Conference on Harm Reduction from Substance Abuse in Vancouver.
Excerpt of the Assembly of First Nations Motion on Meth

Aboriginal People and Meth

Urban Aboriginal

Meth was first known in Canada as a Downtown Eastside Vancouver problem. It has quickly spread to other Urban centres such as: Kamloops, Prince George, Grande Prairie, Edmonton, Calgary, Prince Albert, Regina, Saskatoon, and Winnipeg. Ontario, Quebec, and now the Maritimes also face serious issues with Meth. The increase of Aboriginal meth users from west to east has seen a gradual and steady increase. The connection between Urban Aboriginal and on-reserve meth use is tremendous. Due to the portability of “Meth labs” the drug is as likely to occur in an Urban setting as well as a rural or on reserve setting.

On and Off Reserve

It was reported in a Toronto Sun column from August 20, 2006, by Christina Blizzard that “Crystal meth is manufactured in homes on the reserves and is rapidly becoming a headache for community workers”.

In 2005 at an Aboriginal Health conference it was also reported that “Crystal Meth wreaks havoc on reserve”. Crystal meth use in the Fort Macleod area has become higher, per capita, than in Harlem, a Mount Sinai neurologist told a Blood Tribe conference.

“I moved back to Alberta to raise quarter horses, thinking I was leaving the meth problem back in Harlem and the Bronx,” Dr. William Tatton told the crowd of about 200.

“I was wrong. This drug, unchecked, will destroy a generation of young people, and people had better wake up to it.”

**Source: Métis Centre-National Aboriginal Health Organization (NAHO)*

Aboriginal Communities: A Quick Snapshot

British Columbia has been very active in supporting Aboriginal communities in the fight to stop Meth. The Union of B.C. Municipalities has funded various Aboriginal workshops and prevention programs. While having done a fair job in engaging Aboriginal youth participation and the Aboriginal community as a whole.

Alberta has the most comprehensive action plan and recommendations than any other province in Canada. Although other western provinces have dedicated resources and are still dedicating serious resources to the Crystal Meth epidemic, Alberta's taskforce on Meth is the most recent and fleshed out plan for Aboriginal people. These recommendations are universal in nature and could be adopted by British Columbia and the rest of Canada. The full recommendations are highlighted on the next page.

Saskatchewan government's recent strategy report on meth-

amphetamine, highlights youth and aboriginal people as the two groups that are at particular risk.

Manitoba has their own *Meth Strategy*, it includes; measures to restrict the supply and production of the drug, promote collaboration between policing and other agencies, develop public awareness of the dangers of meth, and deal with the consequences of meth use with additional resources for the treatment of meth and other addictions.

Ontario formed *The Crystal Meth Working Group* to develop a provincial response to determine the scope of the problem in Ontario, look at what is done in other jurisdictions to fight meth and what the provincial government could do to assist communities, health care professionals, educators and police services in dealing with the use and production of the drug.

See the reference section of the guidebook for more detailed information on Canada and a province by province breakdown on resource contact information.

Aboriginal recommendations from the Premier's Task Force on Crystal Meth in Alberta:

- The Government of Alberta should work with the Government of Canada to ensure that Aboriginal children, youth and young people have access to any prevention, treatment, and healing programs it provides for crystal Meth addiction.
- The Government of Alberta should direct its departments that work with Aboriginal communities to build and implement drug prevention and education strategies for Aboriginal youth and young adults.
- The Government of Alberta should support Aboriginal community mobilization initiatives that build strong relationships, promote safe and healthy families, and focus on helping children, youth and young people develop their full potential through a Meth-free future.
- The Government of Alberta should work with the Government of Canada to support Aboriginal communities that are committed to a Meth free future by ensuring that they have access to existing Government of Alberta programs and services, including treatment, healing and after care programs and services, family and youth supports, and drug and crime prevention initiatives.
- The Government of Canada should rescind its policy of requiring Aboriginal people to return to their home reserve for treatment services. This would allow Aboriginal people to choose treatment where they want it while still receiving federal government financial support.
- The Government of Alberta, through AADAC, should establish after care facilities for Aboriginal youth and young people who are moving back to their community after treatment so they can receive the appropriate life skills training and support in an environment that is connected to their Aboriginal community and culture.

Source: Premier's Task Force on Crystal Meth

Child Endangerment

Children are growing and developing physically and mentally. Children in homes where people are cooking Meth will likely have longlasting or permanent damage to their bodies and brains. In some meth labs, children's food and beds were found right beside the chemicals and equipment used to make Meth.

The recently released Premier's Task Force on Crystal Meth Report calls on the federal government to toughen its approach to Meth, such as making "**child drug endangerment**" a Criminal Code offence.

Crystal Meth and Ecstasy?

The RCMP say that some of the drugs seized at parties or dances that were sold as ecstasy were, in fact, crystal meth. As well, the police say that some dealers give out "free samples" at parties or in the dance scene, in hopes of hooking new customers.

- Ecstasy pills often contain or consist solely of crystal meth. (RCMP [Vancouver] Drug Awareness Service).
- 58% of ecstasy-like pills contain Methamphetamine (RCMP [Vancouver] Drug Awareness Service).



Ecstasy/MMDA tablets laced with Meth

Prevention

It is important to direct attention to resources that prevent Aboriginal youth and young Aboriginal adults from using methamphetamine. By ensuring they never start and by intervening early, minimizing the harm resulting from meth use.

Here are examples of two interesting prevention strategies using video.

- DEATH BY JIB speaks directly to the hearts and minds of viewers to convey a powerful and emotional message warning teenagers and young adults about the harsh realities of Crystal Meth. This graphic video pulls no punches as teen addicts describe the horror of addiction to Jib. The important message regarding sexual exploitation of youth on Crystal Meth is handled in a straightforward and honest manner. To buy a copy, call 1-800-263-6910, or e-mail: info@kineticvideo.com
- First Nations youth will benefit from a new partnership project between the RCMP and Cape Breton University. The RCMP, through their Crime Prevention Funds, is providing \$5,000 towards a crystal meth prevention video tentatively entitled, "Healing Through Expression Video on Crystal Meth". The project, led by CBU's Integrative Science team, is expected to be shown to First Nations youth around the Island this fall by RCMP. The video on crystal meth, made by and starring Mi'kmaq First Nations young people can have a positive effect by telling the story, presenting the facts, and highlighting the extreme life threatening consequences of crystal meth usage in an engaging and meaningful way. Through its message, some young people may be deterred from trying the drug and being seriously harmed or killed.

How to Spot a Meth User?

How to Spot a Meth User?

There are several ways of identifying a meth user. Listed below is a generalized list of symptoms of a meth user, keep in mind that just because a person is experiencing the symptoms listed below does not automatically mean that they are using meth.

Users may experience: agitation, excited speech, decreased appetites, and increased physical activity levels (Other common symptoms include dilated pupils, nausea and vomiting, diarrhea, and elevated body temperature). Occasional episodes of sudden and violent behaviour, intense paranoia, visual and auditory hallucinations, and bouts of insomnia. A tendency to compulsively clean and groom and repetitively sort and disassemble objects such as cars and other mechanical devices. Other symptoms may include:

- increased heart rate, blood pressure, and respiration
- flushed or tense appearance
- dilated pupils
- bloodshot eyes
- a chemical odour on their breath
- excessive sweating
- rapid speech
- inability to sleep or eat
- severe weight loss
- rotting teeth
- scars and open sores
- paranoia
- hallucinations (often times auditory)
- repetitive behaviour
- memory loss
- depression
- psychosis
- teeth grinding
- restlessness
- tremors

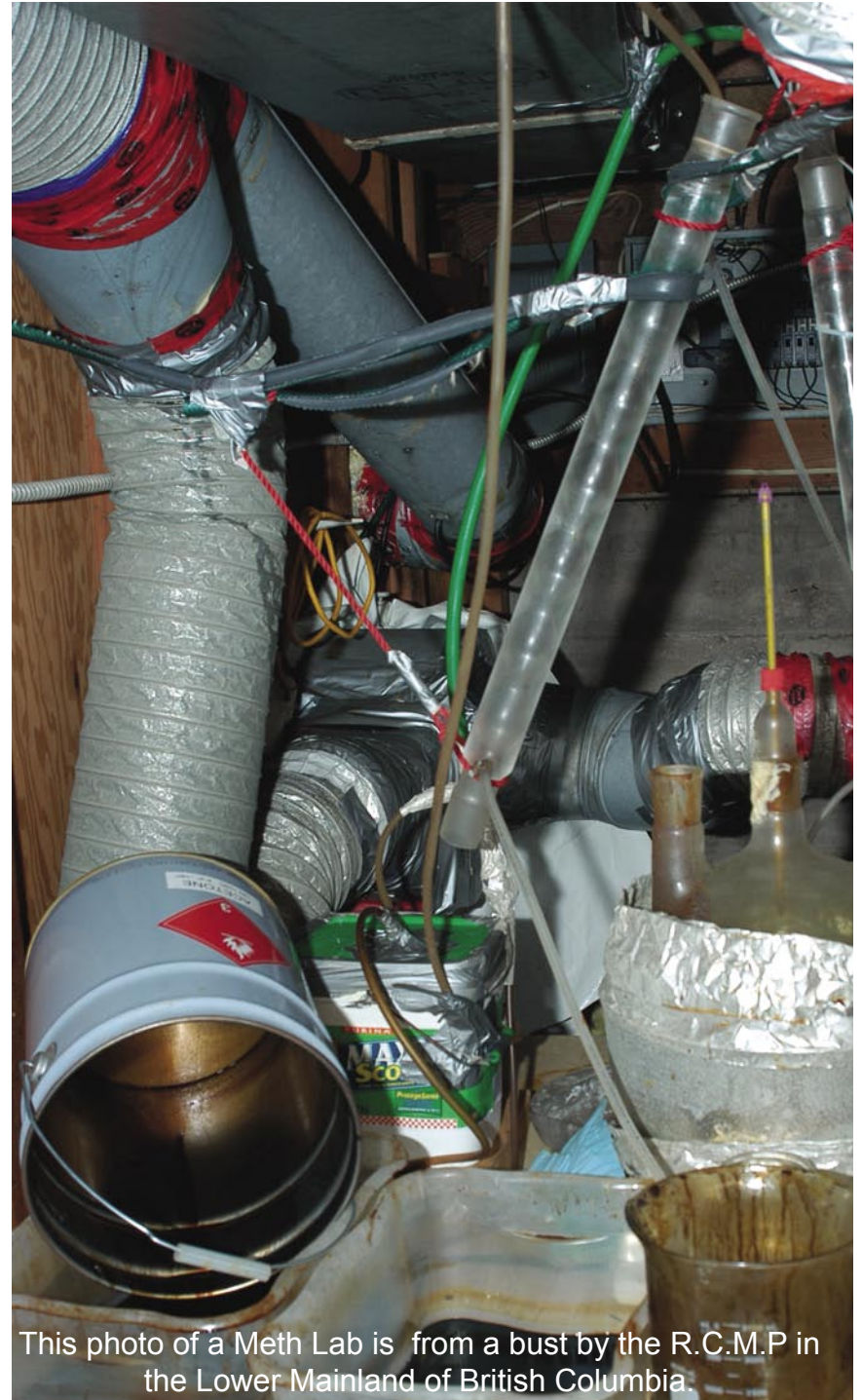
source: Narconon

How to Spot a Meth Lab ?

There are numerous signs that could suggest that a house is being used to manufacture methamphetamine. If a residence in your area has several of the suggested indicators, do not approach or investigate further yourself. Instead call your local police service or Crime Stoppers (1-800-222-TIPS) and let them know of your suspicions.

Indicators can be:

- Home has windows blackened or curtains always drawn.
- Chemical or other odours emanating from the house or apartment, garage or detached building. Odours from clandestine labs are often described as smelling similar to nail polish remover, “rotting garlic fish” or “concentrated cat urine”.
- Garbage frequently has numerous bottles and containers including:
 - Toluene
 - Muriatic Acid
 - Red Phosphorus
 - Ephedrine
 - Pseudoephedrine
 - Veterinary products
 - Methanol
 - Rubbing alcohol
 - Sodium hydroxide
 - Ether
 - Paint thinner
 - Ammonia
- Metal drums and boxes with labels removed or spray painted over.
- Residents set out their garbage in another neighbour’s collection area.
- Dead animals and birds, resulting from drinking contaminated water from waste chemicals.



This photo of a Meth Lab is from a bust by the R.C.M.P in the Lower Mainland of British Columbia.

Why is Meth production dangerous?



A major hazard in the Meth production process occurs when the labs are not properly ventilated. For example, Meth producers often store anhydrous ammonia improperly, a situation that can lead to explosions when the containers decay. Not only are the pieces of the exploding container deadly, a vapour is released that is poisonous. Breathing it may lead to illness or death. As well, anhydrous ammonia is extremely cold and can cause severe frostbite if it comes into contact with skin. Also, acids used to make Meth can cause serious burns.

Speaking of poison, some of the chemical by-products of the Meth production process are toxic. Phosphine gas may be released, something so explosive that it can ignite when it comes into contact with air. Phosphine has a fish- or garlic-like odour and can cause deadly reactions such as heart attacks and pulmonary edema (where your lungs fill up with fluid.)

The Meth production process has led to several deaths and many poisonings in the US.

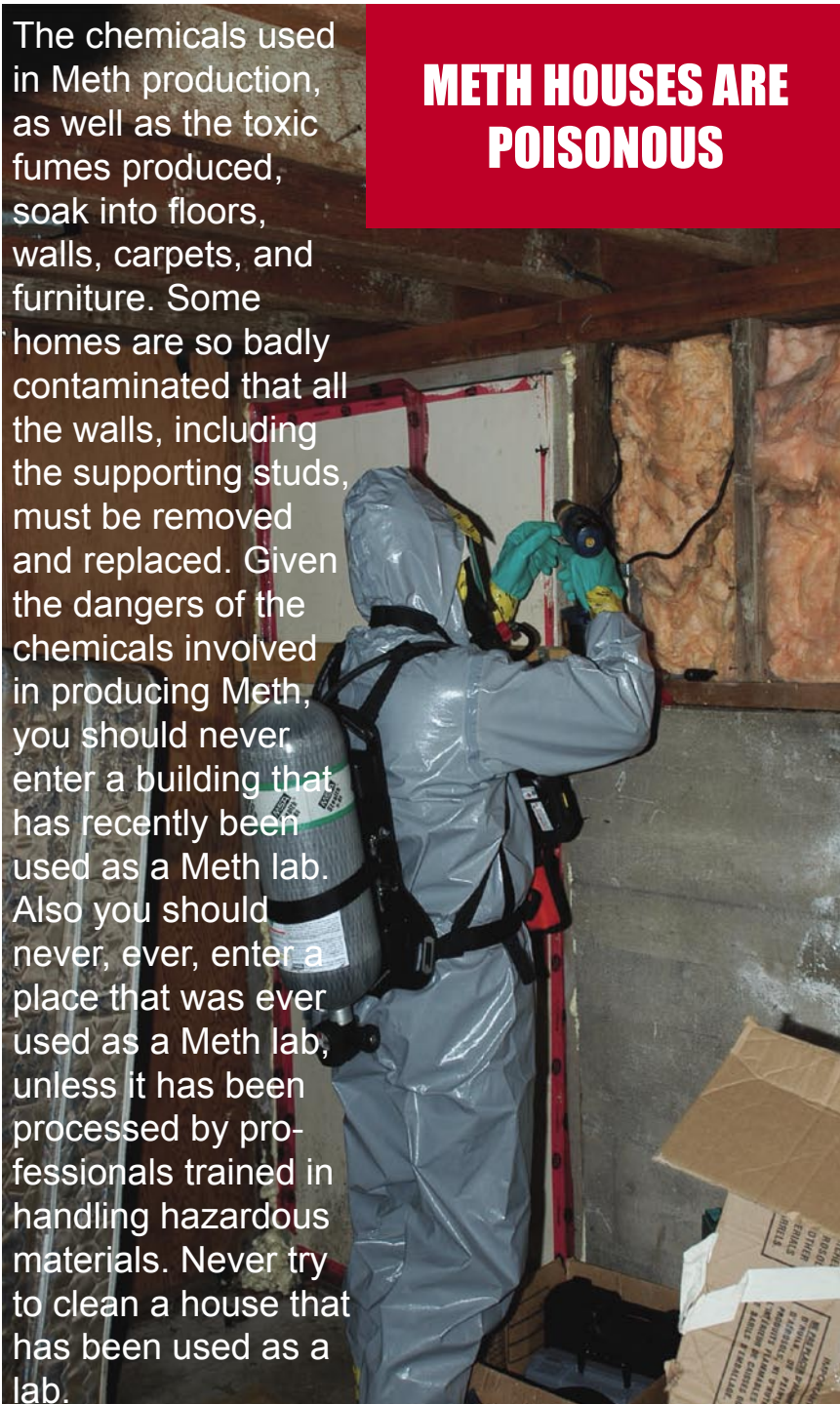


(Above is the toxic sludge from a meth lab busted in British Columbia)

A minimum of 5 to 7 pounds of chemical waste is produced for each pound of meth manufactured.

The chemicals used in Meth production, as well as the toxic fumes produced, soak into floors, walls, carpets, and furniture. Some homes are so badly contaminated that all the walls, including the supporting studs, must be removed and replaced. Given the dangers of the chemicals involved in producing Meth, you should never enter a building that has recently been used as a Meth lab. Also you should never, ever, enter a place that was ever used as a Meth lab, unless it has been processed by professionals trained in handling hazardous materials. Never try to clean a house that has been used as a lab.

METH HOUSES ARE POISONOUS



Fires and Explosions

Cooking Meth is a fiery explosion waiting to happen. Because the chemicals can so easily burst into flames, Meth production is a huge risk not just to the producers their children, and their home, but to all the homes and people in the community. If the flames used in Meth production get out of control, an explosion can wipe out the entire home and spread the fire to nearby buildings. An explosion also spreads toxic fumes over the whole community, poisoning the air we breathe.

The Impact of Meth Production on People, Buildings and the Environment

Most of the individuals who are producing Crystal Meth have limited knowledge of chemistry. Many of them will be high while cooking up Crystal Meth. And making Meth is an extremely dangerous process, combining caustic, toxic, and flammable chemicals with open flames.

The end products of cooking Meth are also very dangerous to people, buildings and the environment, and Meth producers don't properly dispose of the garbage they create.

Hazards to the Environment

It takes an enormous quantity of chemicals to make meth. In fact, every pound of meth produced results in five to ten pounds of toxic meth waste. Meth producers are often too paranoid to dispose of this waste through normal means like garbage pickup. Instead, large amounts of waste pile up in storage sheds or yards. Meth producers also pour waste down the toilet or tub, or they dispose of it in empty lots, sewers, campgrounds, wooded areas, or by the side of the road. All of these methods poison our natural spaces and waterways. These kinds of disposal also endanger community members, including our children and our pets. Coming into proximity with this toxic waste can cause stinging eyes, rashes, and burning lungs.

FOR ABORIGINAL COURTWORKERS AND ORGANIZATIONS

4. Slow your movements. This will decrease the odds that the meth user will misinterpret your physical actions.



Six Safety Tips for dealing with someone on Meth

1. Keep a 7-10 ft. distance. Coming too close can be perceived as threatening.

2. Do not shine bright lights at him or her. The meth user is already paranoid and if blinded by a bright light he is likely to run or become violent.

3. Slow your speech and lower the pitch of your voice. A meth user already hears sounds at a fast pace and in a high pitch.

5. Keep your hands visible. If you place your hands where the meth user cannot see them, he might feel threatened and could become violent.



6. Keep the meth user talking. A meth user who falls silent can be extremely dangerous. Silence often means that his paranoid thoughts have taken over reality, and anyone present can become part of the meth users paranoid delusions.





How Can You and Your Community Fight Meth?



How Can You and Your Community Fight Meth?

How can you fight crystal meth? Learn about meth. Learn how dangerous it is to use meth.

Learn what it looks like when someone is using meth. Learn how to identify a meth lab. Learn about the resources in your community to fight meth use and production. And help other people learn these things. As a member of the community, you have a tremendous power to fight meth.

Encourage children, youth, and educators to take meth education seriously. The Internet, school curriculum, and recreational programs all offer opportunities for raising meth-resistant children.

Help organize meth education forums for the whole community. Make sure that your community knows about meth use and production, and also knows the local resources to combat meth. Create an expanded comprehensive resource guide especially for your community. Work with local business owners and help them start a meth watch for purchases of meth ingredients. Help expand or establish treatment programs, making sure that detox and treatment services are specifically targeted at meth use.

A Suggested Community Action Plan to Fight Meth

1. Prevention

- Provide to parents and youth a list of Web sites that offer trusted information about crystal meth
- Support drug education in school curricula
- Utilize schools as a base for a wide array of addictions programs from health promotion and prevention to on-site counseling
- Develop a database of addictions services for workers to use across the province

2. Treatment

- Provide funding to regional health authorities for inpatient and outpatient services
- Provide funding for care of high-risk children and youth who need protection and specialized treatment
- Offer programs that integrate mental health and drug abuse services, recognizing the strong link between mental illness and drug abuse
- Develop and use detox and treatment protocols that are appropriate for crystal meth
- Offer outreach programs to assist families of children with substance abuse issues
- Increase skills of service providers
- Research and develop a framework to identify and evaluate best practices for prevention and treatment
- Support conferences that share best practices to engage communities in fighting crystal meth
- Support provincial networks that are a cross-section of professionals who deal with drug abuse
- Create a community resource guide

3. Education

- Prepare and distribute factual information
- Initiate media advertising campaign
- Hold public forums at which experts provide general information and advice for members of the public
- Develop program supports that build resilience in vulnerable, at risk students and out-of-school youth
- Engage Elders in the development of treatment and prevention programs to reconnect Aboriginal peoples with traditional teachings, values and cultures

4. Reduce Drug Availability

- Use existing legislation, to target meth lab sites.
- Involve a broad cross-section of justice system professionals to better integrate day-to-day operations fighting drug production and trafficking.
- Use expertise of federal drug units at local levels of law enforcement
- Increase scrutiny of the sale of products used to produce crystal meth and, if necessary, make their purchase more difficult
- Encourage the federal government to modify its legislation to control access to and movement of products used to create crystal meth
- Encourage the federal government to strengthen legal penalties around methamphetamines

Source: A Strategic Plan for Crystal Meth and Other Amphetamines in Saskatchewan

Crystal Meth Resource Guide

Canada Wide Provinces Territories



Canada

Aboriginal Youth Network

By Mail:
Box 34007 Kingsway Mall PO
Edmonton, AB
T5G 3G4

In Person:
Nechi Institute
#1 Poundmaker Rd, St. Albert,
T8N 1M9

Tel: 780-459-1884
Toll Free: 1-800-459-1884
Fax: 780-458-1883

Website: www.ayn.ca
Services: AYN is a network that runs across Canada (and beyond) connecting allAboriginal youth. AYN provides information and quizzes about meth, other drugs, and addiction in the Health Centre section of their website.

They also provide a listing of treatment centres serving youth (<http://www.ayn.ca/health/addictiontreatment.aspx>).

Canadian Centre on Substance Abuse

75 Albert Street, Suite 300
Ottawa, ON
K1P 5E7

Tel: 613-235-4048
Fax: 613-235-8101
Email: info@ccsa.ca
Website: www.ccsa.ca

Services: CCSA provides objective, evidence-based information and advice to help reduce the health, social and economic harm associated with substance abuse and addictions. CCSA provides three core services: information and reference service, research and policy, and training and workforce development.

Centre for Addiction and Mental Health

33 Russell Street
Toronto, ON
M5S 2S1
Tel.: 416-979-4250
Fax: 416-595-6881

Website: www.camh.net
Fax: 416-595-6881

Website: www.camh.net
Services: CAMH is Canada's leading addiction and mental health teaching hospital. CAMH succeeds in transforming the lives of people affected by addiction and mental illness, by applying the latest in scientific advances, through integrated and compassionate clinical practice, health promotion, education and research.

Canada

Crystal Meth Anonymous

Website: www.crystalmeth.org.
Services: Crystal Meth Anonymous is a 12 step fellowship for those in recovery from addiction to crystal meth. There are no dues or fees for membership. Membership in crystal meth anonymous is open to anyone with a desire to stop using crystal meth. Find a local meeting at www.crystalmeth.org.

Kids Help Phone

300-439 University Avenue
Toronto, Ontario
M5G 1Y8
Tel: 416-586-5437
Toll Free Kids Help Phone: 1-800-668-6868
Fax: 416-586-0651
Email: info@kidshelp.sympatico.ca
Website: www.kidshelpphone.ca

Services:
Kids Help Phone is committed to improving the well-being of Canada's children. Kids Help Phone offers phone and online counselling for Canadian youth 24 hours a day, 365 days a year. The services are free,

immediate, confidential and anonymous, bilingual and staffed by professional counsellors. Kids Help Phone also offers public education projects and a Student Ambassador program for young people to develop their volunteer and leadership skills through training in team building, citizenship and public speaking, and to promote the Kids Help Phone.

Narcotics Anonymous

Website: www.na.org
Services: Narcotics Anonymous is an international, community-based association of recovering drug addicts with more than 33,500 weekly meetings in over 116 countries worldwide. Their online meeting locator can be found at <http://portaltools.na.org/portaltools/MeetingLoc/>.

Canada

National Addiction Awareness Week

c/o Nechi Training, Research & Health Promotions Institute
Box 34007
Kingsway Mall P.O.
Edmonton, Alberta
T5G 3G4
Tel: 780-460-4304
Toll Free: 1-800-459-1884 ext. 430
Fax: 780-460-4306
Website: www.naaw.net

Services:
National Addictions Awareness Week (NAAW) was conceptualized and developed by Nechi Training, Research & Health Promotions Institute (Nechi) in 1989 to promote activities at the national level. The purpose of NAAW is to provide information, materials and to promote activities in both of the official languages (English and French) that will serve to raise awareness of addictions which affect people across Canada.

National Native Alcohol and Drug Abuse Program

Jeanne Mance Building, Tunney's Pasture Ottawa, ON
K1A 0K9
Email: fnihb-dgspni@hc-sc.gc.ca
Website: www.hc-sc.gc.ca/fnihb-dgspni/fnihb/cp/nnadap/index.htm

Services:
The National Native Alcohol and Drug Abuse Program (NNADAP) is an example of a Health Canada program now largely controlled by First Nations communities and organizations. It helps First Nations and Inuit communities set up and operate programs aimed at reducing high levels of alcohol, drug, and solvent abuse among on-reserve populations. NNADAP supports a national network of 52 residential treatment centres, with some 700 treatment beds and 550 prevention programs with prevention, intervention and aftercare activities.

Canada

Royal Canadian Mounted Police Aboriginal Shield Program

Program Coordinators in all provinces
(see website for contact info in your area)
Website: http://www.rcmp-grc.gc.ca/das/contacts_e.htm

Services:

The Aboriginal Shield Program is a substance abuse prevention initiative designed specifically for Aboriginal youth. Police officers may use this culturally-specific education package to educate Aboriginal youth about substance abuse issues.

The resource material consists of four teaching modules pertaining to Aboriginal culture, substance abuse, prevention, and informed and responsible decision-making. An “Officers’ Training Guide”, and “Officers’ Educational Cultural Reference Manual” are also included. As of April 1996, twenty training workshops were delivered to Aboriginal and non-Aboriginal police officers, community leaders, health care workers and education specialists serving Aboriginal communities across Canada.

British Columbia

Abbotsford Community Services

2420 Montrose Avenue
Abbotsford, BC
V2S 3S9
Tel: 604-850-5106
Fax: 604-850-5492
Website: www.abbotsfordcommunityservices.com

Services:

Provides individual, couple, family, and group counselling for alcohol and drug issues. Offers adult and youth services, skill building groups, outreach to schools, alcohol/drug recovery groups, and groups for affected friends and family. Offers education and assistance to the community in the development of prevention activities. Services also available in French, Punjabi, Hindi, and Urdu.

Aboriginal Wellness Program

Vancouver Coastal Health Authority

255 East 12th Avenue
Vancouver, BC
V5T 2H1
Tel: 604-875-6601
Fax: 604-875-6609

Services:

Provides culturally-safe mental wellness and addiction programs free of charge to Aboriginal adults. Services include one-to-one and group counselling, individual support, outreach, and education. Offers a men’s wellness group, women’s wellness group, and elders’ support group. Dual diagnosis support circle provides support around mental wellness and/or addiction issues for men and for women.

British Columbia

Association of BC First Nations Treatment Programs

Head Office

Box 429 Cedarvale-Kitwanga Road
Kitwanga, BC
V0J 2A0

Satellite Office

#2, 3003 -29th Avenue
Vernon, BC
V1T 1Y9

Tel: 250-503-1135

Fax: 250-503-2473

Email: abcfnftp@shawcable.com

Website: www.firstnationstreatment.org

Services: We aim to provide a First Nations forum that promotes culturally relevant best practices to enhance, excel and advance the continuum of care in addressing addictions. Our vision is to enhance First Nations traditions and cultural practices that promote healing, wellness, balance and harmony, where addictions programming exists in each community as an integrated, holistic approach towards health and wellness and where there is an openness to addictions programming as prominent part of the healing of individuals, families and communities.

BC Alcohol and Drug Information and Referral Service

Tel: 604-660-9382

24 Hours Toll Free: 1-800-663-1441

TTY: 604-875-0885

Website: www.vcn.bc.ca/isv/adirs.htm

Services: Addiction support workers respond to enquiries on all aspects of alcohol and drug use and misuse. They provide information on, and referral to a variety of resources including counselling services, detox centres, residential treatment centres and self-help groups.

British Columbia

BC Partners for Mental Health and Addictions Information

1200-1111 Melville Street
Vancouver, BC
V6E 3V6

Tel: 604-669-7600

Toll Free: 1-800-661-2121

Fax: 604-688-3236

Email: bcpartners@heretohelp.bc.ca

Website: www.heretohelp.bc.ca

Services: Feeling confused?

Alone? Want information you can trust for you or someone you care about? We provide find quality information, personal stories of hope, and resources you can use to make better decisions about mental health or substance use issues.

Carrier Sekani Family Services (Najeh Bayou)

1112 -6 Avenue
Prince George, BC
V2L 3M6

Tel: 250-562-3591

Fax: 250-562-2272

Email: arp@csfs.org

Website: www.csfs.org

Services:

The CSFS Addiction Recovery Program is made up of two distinct processes that enhance each other. The first is to support members with addictions through cultural healing and western therapies provided in a camp setting at Ormond Lake, a sacred meeting place where participants attend workshops about addictions issues and have an opportunity to attend traditional healing practices such as a sweat, letting go ceremonies, and begin the process of balancing ones life. The four aspects of life are addressed in all session, physical, mental, emotional and spiritual. This takes place for six months of the year – from May to October – and there are different groups using the camp based on either sex or age. The other six months is to work directly in the communities providing outreach type programming, supporting the NNADAP workers in the community, and following up with clients from camp or any walk in clients that need help with addictions.

British Columbia

Crossroads Treatment Centre

123 Franklyn Road
Kelowna, BC
V1X 6A9
Tel: 250-860-4001
Toll Free: 1-866-860-4001
Fax: 250-860-2605
Email: info@xrdstc.net
Website: www.xrdstc.net

Services: We approach treatment from a non-judgmental, holistic perspective and encourage clients to take responsibility for their own lives and recovery. Our goal is to meet the client where they are at on the road to recovery and provide the tools that they need to move further along this continuum. We emphasize self-determination, personal responsibility and encourage our clients to re-write their life stories in a motivational, supportive environment. Crossroads has various different programs, all of which are tailored to meet individual client needs: Residential Treatment Program, Private Pay Residential Treatment Program, Detox – Withdrawal Management Unit, and Supportive Living Program.

Crystal Meth Task Force Strategies Society

Tel: 604-476-3333
Email: info@crystalmethtaskforce.com
Website: www.crystalmethtaskforce.com

Services: The Task Force, centred in Maple Ridge, has been able to substantially increase the level of community awareness about the horrors of crystal meth, have established a Meth Watch program (the first in Canada), have put into place several municipal by-laws, have reduced the waiting time for meth addicts' rehabilitation and have identified resources still lacking. The Crystal Meth Task Force Strategies Society's three-pronged strategy is to educate, enforce, and provide treatment.

British Columbia

Cwenengitel Aboriginal Society

13321 -108 Avenue
Surrey, BC
V3T 2J7
Tel: 604-588-5561
Fax: 604-588-5591
Email: wally@cwenabso.org
Website: www.cwenabso.org

Services: Cwenengitel Aboriginal Society is an organization that provides safe, central, suitable housing for homeless Aboriginal men while helping them break the cycle of substance abuse and alcohol. We also provide cultural and spiritual guidance, skills building, educational mentoring and counselling services for our residents with an aim to reintegrating them into mainstream society. Our long term goal is to expand our facilities to house more residents, to help more drop-ins and eventually to open a Woman's Centre.

D.E.Y.A.S Youth Detox Program

49 West Cordova Street
Vancouver, BC
V6A 1K3
Tel: 604-251-7615
Fax: 604-254-9923
Email: youthdetox@deyas.org
Website: www.deyas.org

Services: The Youth Detox provides withdrawal management services for young people between 13 and 21 years in a home-like, 24hr, 7-day a week residential facility. The Youth Detox meets youth 'where they are at' when they are ready to try overcoming their substance addiction. Staff are caring and non-judgmental. For about 450 young people each year, we strive to provide physical, social and emotional support during the physical aspects of withdrawal, as well connecting the youth to other services they need.

British Columbia

Family Services of Greater Vancouver

1616 West 7th Ave

Vancouver, BC

V6J 1S5

Tel: 604-731-4951

Fax: 604-733-7009

Email: streetyouthdetox@fsgv.ca

Website: www.fsgv.ca

Services: FSGV provides a community-based, voluntary residential program providing detoxification and stabilization for high-risk youth ages 13 to 21 and information and referral regarding addiction issues, and case plans for post-detox services. No fees for service.

Foundation House

536 Cecelia Road

Victoria, BC

V8T 4T7

Phone/Fax: 250-480-1342

24 Emergency Pager: 1-800-454-7668

Email: foundationhouse@shaw.ca

Website: www.foundationhouse.org

Services: Foundation House is a supportive recovery home for men who are healing from the effects of alcohol and drug dependency. Operated by a nonprofit charitable society, Vancouver Island Addiction Recovery Society (VIARS), we provide residents with a stable and safe living environment and facilitate community development by assisting men in establishing a longer-term network of support. The length of stay at Foundation House is flexible according to the individual needs, generally anywhere from 3 months to 1 year. We have a total of 16 beds. The cost to residents is accessible to those in receipt of social assistance. This cost includes: meals, a shared room, utilities, internet access and recreational activities.

British Columbia

Four Eagles Family Circle

Combatting Addiction through Recovery and Education (CARE)

Queens Court, 623 Agnes Street

New Westminster, BC

V3M 5Y4

Tel: 604-517-6120

Fax: 604-517-6121

Services: Provides culturally appropriate services to First Nations families of the lower mainland. Support is offered through an elder's council, a women's personal development support group, and Combatting Addiction through Recovery and Education (CARE) support group. Self-referral for all programs.

Haisla Support and Recovery Centre

Box 1018 Haisla Post Office

Kitamaat Village, BC

V0T 2B0

Tel: 250-639-9817

Fax: 250-639-9815

Email: mgreen@sno.net

Services: Assessment, counselling, treatment.

British Columbia

Hey'-Way'-Noqu' Healing Circle For Addictions

Head Office

#401, 1638 East Broadway

Vancouver, BC

V5N 1W1

Tel: 604-874-1831

Fax: 604-874-5235

Email: heywaynoqu@telus.net

Website: www.firstnationstreatment.org/heywaynoqu.htm

Services: A holistic approach to assist urban Native and Metis individuals and families through their healing journey from chemical addictions and codependencies. We aim to help restructure their lifestyles to maximum functioning, in a culturally relevant way that enhances individuality, continual independence and uniqueness.

Programs include: outpatient family-based program, long term programming for families, intensive day treatment for adult females and males, and relapse prevention support.

Kakawis Family Development Centre

Box 17 Meares Island

Tofino, BC

V0R 2Z0

Tel: 250-725-3951

Fax: 250-725-4285

Email: kakawis@kakawis.org

Website: www.kakawis.org

Services: KFDC offers a program that promotes a balanced lifestyle and a renewed sense of cultural identity and pride to First Nations families whose lives have been affected by alcohol or drugs. Kakawis Family Development Centre Society is dedicated to a holistic approach to individual and family recovery, healing and growth. We provide an environment for physical, emotional, mental and spiritual healing using the power of the circle guided by the energies of our Higher Spiritual Power. Recovery from alcohol and drug abuse and other addictive behaviours is a life long process.

British Columbia

Ktunaxa / Kinbasket Wellness Centre Society

Rural Route. 2, # 5A, Highway 21

Creston, BC

V0B 1G2

Tel: 250-428-5516

Fax: 250-428-5235

Email: kkwc@kootnay.ca

Services: The primary Mission of the Ktunaxz/Kinbasket Wellness Centre Society treatment program is to promote and strengthen First Nations people and other Aboriginals to live holistic lives. Services include assessment, counselling, and treatment.

Namgis Treatment Center

Post Office Box 290

Alert Bay, BC

V0N 1A0

Tel: 250-974-5522

24 Hours On Call: 250-974-8015

Fax: 250-974-2736

Email: PatD@namgis.bc.ca

Website: <http://www.firstnationstreatment.org/namgis.htm>

Services: Assessment, counselling, treatment.

Native Courtworker and Counselling Association

Alcohol and Drug Outpatient Services

50 Powell Street

Vancouver, BC

V6A 1E9

Tel: 604.687.0281

Services: Provides outpatient alcohol and drug addiction services and detox support services to help clients achieve a healthy and satisfying lifestyle, free from alcohol and drug use and misuse.

British Columbia

Nenqayni Treatment Centre Society

Post Office Box 2529

Williams Lake, British Columbia

V2G 4P2

Tel: 250-989-0301

Fax: 250-989-0307

Website: www.nenqayni.com

Services:

The Nenqayni Family Drug & Alcohol Program facility was officially opened August 23, 1991 and commenced programs in September 1991. The Family Program is a six-week culturally based residential program. Alcohol and drug awareness is acquired through individual and group counselling for the entire family.

North Wind Healing Centre (Treaty 8 Healing Centre)

Box 2480 Station A

Dawson Creek, BC

V0C 4T9

Tel: 250-843-6977

Fax: 250-843-6978

Email: t8heal@pris.bc.ca

Services: Assessment, counselling, treatment.

British Columbia

Phoenix Centre

Kamloops Society for Alcohol & Drug Services

922 -3rd Avenue

Kamloops, BC

V2C 6W5

Tel: 250-374-4634

Toll Free: 1-877-318-1177

Fax: 250-374-4621

Email: ksad@phoenixcentre.org

Website: www.phoenixcentre.org

Services:

The Phoenix detox program operates 24 hours a day, seven days a week providing a medically safe program for clients to detox from alcohol and other drugs. The program includes assessment, crisis intervention counseling, referral information and referral to supportive recovery as needed. Phoenix Centre also provides alcohol and other drug counselling and additional services to young people, incarcerated adult males, and others. Phoenix Centre is involved in community alcohol and other drug prevention services.

P.L.E.A Youth Detox Program

3894 Commercial Street

Vancouver, BC

V5N 4G2

Tel: 604-708-2616

Services:

Non-medical detox offers 24-hour support and supervision in a home-like setting and family atmosphere. We accept only voluntary placements, through self or other referral.

British Columbia

Round Lake Treatment Centre

Rural Route #3, Comp 10, Grandview Flats North

Armstrong, BC

V0E 1B0

Tel: 250-546-3077

Fax: 250-546-3227

Email: rltc@roundlake.bc.ca

Website: www.roundlake.bc.ca

Services:

Round Lake Treatment Centre is an accredited 36-bed alcohol and drug abuse treatment facility located on the Okanagan Indian Reserve near Vernon in British Columbia's Okanagan Valley. Programs in addictions treatment are offered to clients from throughout the province, with a focus on holistic healing and First Nations' culture. It is situated in a private, park-like setting on the edge of scenic Round Lake.

Three Bridges Community Health Centre

1292 Hornby Street

Vancouver, BC

V6Z 1W2

Tel: 604-736-9844

Services:

Offers the Crystal Clear Peer Project to provide education, awareness and access to resources about crystal meth. As well, we offer training, information sharing, peer support, skill-building opportunities and outreach to street-involved youth.

British Columbia

Tsow-Tun Le Lum Treatment Centre

Box 370 -699 Capilano Road

Lantzville, BC

V0R 2H0

Tel: 250-390-3123

Fax: 250-390-3119

Email: info@tsowtunlelum.org

Website: www.tsotunlelum.org

Services: Tsow-Tun Le Lum means "helping house." We provide programs that address the issues of addictions and substance abuse, and that support the survivors of trauma and residential schools. Our mission is to strengthen the ability of First Nations people to live healthy, happy lives and to have pride in their native identity. Tsow-Tun Le Lum is a registered non-profit society operating a fully accredited treatment centre in Lantzville, on Vancouver Island, British Columbia. Our facility is located on five acres of land over looking Nanoose Bay, leased from the Nanoose First Nation.

Urban Native Youth Association

1640 East Hastings St.,

Vancouver, BC

V5L 1S6

Tel: 604-254-7732

Fax: 604-254-7811

Email: unyainfo@unya.bc.ca

Website: www.unya.bc.ca

Services: UNYA offers group alcohol and drug counselling sessions throughout East Vancouver. Individual sites are developed once youth have indicated a desire to have this resource in a specific East Vancouver area. The groups are established in partnership with community organizations who contribute to the program by providing space for the meetings, helping to identify Native youth who can benefit by participating in the meetings, and by advertising the program. The two Alcohol and Drug Counsellors also offer limited individual counselling

British Columbia

Victoria Youth and Family Services

#12-1560 Church Ave.
Victoria, BC
V8P 2H1
Tel: 250-721-2669
Fax: 250-721-3408

Services:

For youth ages 12-19 with a problematic substance addiction. Programs include group therapy, individual counselling, family therapy and artistic self-exploration programs.

Watari Research Association

Youth Day Treatment Program
251a East 11th Avenue
Vancouver, BC
V5T 2C4
Tel: 604-438-3755
Fax: 604-438-3745

Email: dayprogram@watari.org
Website: www.watari.org

Services: The Watari Youth Day Treatment Program is a 7 week voluntary alcohol and drug day treatment program for youth aged 13-24 in the Vancouver area. The goal of the program is to facilitate positive change for at risk children, youth and families through the development and delivery of innovative services. The Day Program runs from Tuesday to Friday from 12:30-4pm in a facilitated group counselling format. Participants can explore and develop skills in the following areas, within the context of substance abuse: identity and self-awareness, relationships, communication and social skills, decision making, exploring and managing problems, emotions, recreation and community support, creative expression, and ongoing care.

British Columbia

Wilp Si' Satxw House of Purification

Box 429 Cedarvale -Kitwanga Road
Kitwanga, BC
V0J 2A0
Tel: 250-849-5211
Fax: 250-849-5374

Email: wilpchc@navigata.net
Website: www.wilpchc.ca

Services: Wilp Si' Satxw Community Healing Centre believes that people who are chemically dependent can gain control over their dependency. We also believe that individuals learn, change and grow with the most long-lasting effects when they decide and experience for themselves. The process of healing in Wilp Si' Satxw begins with the understanding that each of us is responsible for Our-self and that self-healing is a personal choice. Our goals are to: share knowledge of traditional native values; demonstrate a model of self-awareness and self-esteem; share knowledge of addiction and addictive

Young Eagles Healing Lodge

Circle of Eagles Lodge Society
1470 East Broadway
Vancouver, BC
V5N 1V6
Toll Free: 1-888-332-6357
Fax: 604-327-5244

Email: youngeagleslodge@hotmail.com
Website: www.circleofeagles.com

Services: Young Eagles Healing Lodge designs, delivers, and evaluates programs and services which support and empower court adjudicated Aboriginal youth, ages 13-18 years old, that want to make healthy informed choices; while maintaining culturally appropriate care. Young Eagles program is a 16 week residential program for court adjudicated Aboriginal youth dealing with Drug and Alcohol addictions

Alberta

Alberta Alcohol and Drug Abuse Commission

Toll Free Help Line: 1-866-33AADAC

1-866-332-2322 (Alberta only)

Website: www.aadac.com

Services:

As an agency of the Government of Alberta, AADAC (Alberta Alcohol and Drug Abuse Commission) operates and funds information, prevention and treatment services to help all Albertans with alcohol, tobacco, other drug and gambling problems. AADAC also provides funding for programming and services specific to Aboriginal people. These include crisis services, outpatient treatment, short-term and long-term residential treatment, priority access for pregnant women, information, prevention, community education and addictions-related training programs. AADAC also offers alcohol, other drugs, tobacco and problem gambling information, support, and referral services to callers accessing our toll-free, 24 hour, and confidential help line.

Action North Recovery Centre

Box 872

High Level, AB

T0H 1Z0

Tel: 780-926-3113

Fax: 780-926-2060

Email: intake@actionnorth.org

Website: www.actionnorth.org

Services:

Action North offers a variety of programs which provide safe, respectful environments where clients can work on issues. In addition to the main program, the 28-day Treatment Program, we offer a 14-day Follow-up Program, a Long-term (90 day) Treatment Program and Specialized Mobile Programs on a variety of issues, provided at the centre or brought to your community.

Alberta

Aventa Addiction Treatment for Women

610 – 25th Avenue Southwest

Calgary, AB

T2S 0L6

Tel: 403-245-9050

Fax: 403-245-9485

Email: info@aventa.org

Website: www.aventa.org

Services:

We develop programs based on the concept that addiction is a holistic illness and requires change in four specific areas: physical, emotional, social, and spiritual. Through treatment, education and support, we offer women with addictions the opportunity for a healthy life and a new direction.

Beaver Lake Wah Pow Detox and Treatment Centre

Box 1648

Lac La Biche, AB

T0A 2C0

Tel 780-623-2553

Fax: 780-623-4076

Email: wahpowme@telusplanet.net

Services: Assessment, counselling, treatment.

Bonnyville Indian Métis Rehabilitation Centre

PO Box 8148

Bonnyville, AB

T9N 2J4

Tel: 780-826-3328

Fax: 780-826-4166

Email: bimrcsrc@mcsnet.ca

Services: Bonnyville provides a 26-bed residential treatment facility and offers a 28-day intensive treatment program that includes individual and group counselling, information sessions, recreation activities, an introduction to self-help groups, and exposure to Aboriginal culture (including workshops with an Elder).

Alberta

Elizabeth Métis Settlement Addictions Services

PO Box 420
Cold Lake South, AB
T9M 1P1
Tel: 780-594-3493
Fax: 780-594-5452

Services:

provides outpatient assessment, counselling and referrals for people affected by their own or someone else's alcohol and other drug use or gambling provides addictions information and supports prevention activities in the community.

Family Wellness Centre

Box 570
Hobbema, AB
T0C 1N0
Tel: 780-585-2219
Fax: 780-585-2665

Services:

Assessment, counselling, treatment.

Fishing Lake Métis Settlement Addictions Services

General Delivery
Fishing Lake, AB T0A 3G0
Tel: 780-943-2202
Fax: 780-943-2575

Services:

provides outpatient assessment, counselling and referrals for people affected by their own or someone else's alcohol and other drug use or gambling provides addictions information and supports prevention activities in the community.

Alberta

Foothills Centre

806 18 Street
Box 1573
Fort Macleod, AB
T0L 0Z0
Tel: 403-553-4466
Fax: 403-553-4819

Services:

Our mission is to assist individuals and families with their addictions related problems and encourage healthier lifestyles. We are a 12 bed male/female non-medical, residential facility that provides an environment in which people can safely withdraw from alcohol/drugs. There are daily information sessions, one-on-one supportive counseling, referral resource, introduction to 12 step and self-help support groups. We also provide addiction information to the community.

Kapown Centre

P.O. Box 40
Grouard, AB
T0G 1C0
Tel: 780-751-3921
Fax: 780-751-3831
Email: DianeHalcrow@hotmail.com

Services:

It is the first on-reserve alcohol treatment centre in Northern Alberta. Situated in the village of Grouard, it is well placed to serve the entire Lesser Slave Lake region with its continuous-intake, 6-72 week comprehensive program. It is able to serve 29 men and women at any one time. In addition, it has recently undergone renovation to accommodate disabled clientele.

Alberta

Mark Amy Centre for Healing Addictions Ltd.

Box 5748
Fort McMurray, AB
T9H 4V9
Tel: 780-334-2398
Fax: 780-334-2352
Email: matc@telusplanet.net
Services: Assessment, counselling, treatment.

Métis Indian Town Alcohol Association

PO Box 1202
High Prairie, AB
T0G 1E0
Tel: 780-523-3372
Fax: 780-523-3922
Email: mitaa@telusplanet.net

Peace River Outpatient

PO Box 5157
Peace River, AB
Services:

MITAA provides an overnight shelter for people under the influence of alcohol or other drugs, non-medical detoxification services, and services including crisis intervention and counselling, referrals, information, follow-up counselling, and introduction to self-help groups.

Alberta

Native Counselling Services of Alberta (NCSA) -Back Lakes Addiction

Programs
Calling Lake Outpatient
General Delivery
Calling Lake, AB
TOG 0K0
Tel: 780-331-2127
Slave Lake
PO Box 1037
Slave Lake, AB
T0G 2A0
Tel: 780-849-4914
Wabasca Outpatient
PO Box 158
Wabasca, AB T0G 2K0
Tel: 780-891-3818

Services: NCSA provides outpatient assessment, individual and group counselling, referrals and follow-up services for people affected by their own or someone else's alcohol or other drug use. We also provide addictions information and public awareness for the communities of Calling Lake, Sandy Lake, Slave Lake and Wabasca

Nechi Training, Research and Health Promotions Institute

PO Box 34007
Kingsway Mall Post Office
Edmonton, AB
T5G 3G4
Tel: 780-459-1884
Toll Free: 1-800-459-1884
Fax: 780-458-1883
Website www.nechi.com

Services: The institute offers a variety of addiction training programs for counsellors, volunteers and program administrators. Nechi has the capacity to develop innovative training for special community needs not addressed by regular training programs. Some training programs link with Keyano College and the University of Lethbridge.

Alberta

Peerless Lake Healing Centre -Addiction Program

PO Box 133

Peerless Lake, AB

T0G 2W0

Tel: 780-869-2544

Fax: 780-869-2849

Services: Peerless Lake Healing Centre provides outpatient assessment, individual and group counselling, referrals and follow-up services for people affected by their own or someone else's alcohol or other drug use. We also provide information and public awareness for the community of Peerless Lake.

Poundmaker's Lodge Treatment Centre -Residential Treatment

PO Box 34007, Kingsway Mall Post Office

Edmonton, AB

T5G 3G4

Tel: 780-458-1884

Fax: 780-459-1876

Email: leona-carter@poundmaker.org

Website: www.poundmaker.org

Outpatient Centre

AADAC Adult Counselling and Prevention Services

2nd Floor, 10010-102A Avenue NW

Edmonton, AB

T5J 3G2

Tel: 780-420-0356

Fax: 780-424-1163

Services: Poundmaker's Lodge provides a 47-bed residential facility, offers treatment programs that include counselling, education, skills development, exposure to Aboriginal culture, and an introduction to self-help groups (42 days for alcohol/other drug programs, 14 days for problem gambling program), and an outpatient centre that provides assessment, individual and group counselling, referrals and follow-up services.

Alberta

Rocky Native Friendship Centre

4917-52 Street

PO Box 1927

Rocky Mountain House, AB

T4T 1B4

Tel: 403-845-2788

Fax: 403-845-3093

Email: mccallumnorman@hotmail.com

Services:

Rocky Native Friendship Centre provides outpatient counselling, information, referrals and public education resources to residents of the Rocky Mountain House area.

South Country Alcohol & Drug Treatment Centre

Box 1418

Lethbridge, AB

T1J 4K2

Tel: 403-329-6603

Services:

Assessment, counselling, treatment.

St. Paul's Treatment Centre

Box 179

Cardston, AB

T0K 0K0

Tel: 403-737-3756

Toll Free: 1-888-737-3757

Fax: 403-737-2207

Email: info@southcountrytreatment.com

Website: www.southcountrytreatment.com

Services: St. Paul's provides a 21-bed residential facility, intensive treatment programs (four weeks for alcohol/other drug programs), offers a one-week relapse prevention program designed for adults who have completed a residential addictions treatment program, and offers self-help group meetings.

Alberta

Sunrise Native Addictions Services

1231-34 Avenue NE

Calgary, AB

T2E 6N4

Tel: 403-261-7921

Fax: 403-261-7945

Email: nasgeneral@nass.ca

Services:

Sunrise provides a 36-bed residence for adults who are recovering from addictions, short-term and long-term residential treatment programs with an emphasis on Aboriginal culture, and Aboriginal-based outpatient and drop-in treatment programs that include crisis intervention, assessment, counselling, information and referrals.

Sunrise also offers evening programs to address family violence issues and provides education and prevention programs to community groups and organizations.

Tsuu T'ina Spirit Healing Lodge

3700 Anderson Road SW, Box 101

Calgary, AB

T2W 3C4

Tel: 403-281-6866 / 6933

Fax: 403-238-0995

Email: ttnsal@telusplanet.net

Services: Assessment, counselling, treatment.

White Swan Treatment Centres

Box 25

Kinuso, AB

T0G 1K0

Tel: 780-775-2555

Fax: 780-775-2552

Email: chacon@telusplanet.net

Services: Assessment, counselling, treatment.

Saskatchewan

Athabasca Alcohol and Drug Abuse Project

Box 162

Black Lake, SK

S0J 0H0

Tel: 306-284-2124

Fax: 306-284-2173

Services: Assessment, counselling, treatment.

Clearwater Dene Treatment Centre

Clear Water River Dene Nation

Box 5010

Clearwater River, SK

S0M 3G8

Tel: 306-822-2033

Fax: 306-822-2750

Email: cvdntc@sk.sympatico.ca

Services: Assessment, counselling, treatment.

Cree Nation Treatment Haven

Box 340

Canwood, SK

S0J 0K0

Tel: 306-468-2072

Fax: 306-468-2758

Email: cree.nations@sk.sympatico.ca

Services: Assessment, counselling, treatment.

Ekweskeet Healing Lodge

Box 280

Onion Lake, SK

S0M 2E0

Tel: 306-344-2094 / 2380

Fax: 306-344-4805

Email: ekweskeet@sympatico.ca

Services: Assessment, counselling, treatment.

Saskatchewan

Métis Addictions Council of Saskatchewan Incorporated

(MACSI)

Head Office

#100 -219 Robin Crescent

Saskatoon, SK

S7L 6M8

Tel: 306-651-3021

Toll Free: 1-800-236-5204 (Saskatchewan only)

Fax: 306-651-2639

Services: Since 1969, MACSI has been providing rehabilitation, education and prevention services to persons who are affected by substance use. Rehabilitation services include inpatient, detoxification, outpatient and field services for adults and youth. You should contact the centre nearest you for specific information regarding what services are available. While the majority of MACSI clients are of Indian or Métis ancestry, services are available to all members of the population. MACSI services are a vital component of alcohol and drug recovery services in Saskatchewan

Mistahey Musqua Treatment Centre

Box 404

Loon Lake, SK

S0M 1V0

Tel: 306-837-2184

Fax: 306-837-4414

Services: Assessment, counselling, treatment.

New Dawn Valley Centre

Box 400

Fort Qu'appelle, SK

S0G 1S0

Tel: 306-332-5637

Fax: 306-332-4815

Email: ndvc@sasktel.net

Services: Assessment, counselling, treatment.

Saskatchewan

Sakwatamo Lodge

Box 3917

Melfort, SK

S0E 1A0

Tel: 306-864-3631/3632

Fax: 306-864-2204

Email: sakwatamo@sk.sympatico.ca

Services: Assessment, counselling, treatment.

Saskatchewan Health Authorities Website: www.health.gov.sk.ca/ps_ads_directory.html

Athabasca Health Authority Addiction Services

Tel: 306-439-2177

Website: www.athabascahealth.ca

Cypress Regional Health Authority Addiction Services

Addiction Services

Tel: 306-778-5280

Website: www.cypressrha.ca

Five Hills Regional Health Authority Addiction Services

Tel: 306-691-7651

Website: www.fhr.ca

Heartland Regional Health Authority Addiction Services

Tel: 306-843-2644

Website: www.hrha.sk.ca

Keewatin Yatthé Regional Health Authority Addiction Services

Tel: 306-235-5845

Website: www.kyrha.sk.ca

Kelsey Trail Health Region Addiction Services

Tel: 306-752-8747

Website: www.kelseytrailhealth.ca

Saskatchewan

Mamawetan Churchill River Regional Health Authority Addictions

Prevention and Recovery Services
Tel: 306-425-4840

Prairie North Regional Health Authority Addiction Services

Tel: 306-893-4868

Prince Albert Parkland Regional Health Authority Addiction Services

Tel: 306-765-6565

Regina Qu'appelle Health Region Addiction Services

Tel: 306-766-7910

Website: www.rqhealth.com

Saskatoon Regional Health Authority Addiction Services

Tel: 306-655-4100

Sun Country Regional Health Authority Addiction Services

Tel: 306-842-8693

Sunrise Regional Health Authority Alcohol and Drug Services

Tel: 306-563-5656

Saulteaux Healing and Wellness Centre Inc.

Box 868
Kamsack, SK
S0A 1S0
Tel: 306-542-4110
Fax: 306-542-3241
Services:

Assessment, counselling, treatment.

Manitoba

Addictions Foundation of Manitoba

1031 Portage Avenue
Winnipeg, MB
R3G 0R8
Tel: 204-944-6200
Fax: 204-786-7768
Email: library@afm.mb.ca
Website: www.afm.mb.ca

Services:

The AFM is a crown agency which contributes to the health and well being of Manitobans by addressing the harm associated with the use of alcohol and other drugs and with gambling through education, prevention, rehabilitation and research.

Native Addiction Council of Manitoba

160 Salter Street (Pritchard House)
Winnipeg, Manitoba
R2W 4K1
Tel: 204-586-8395
Fax: 204-589-3921
Email: nacm@escape.ca
Website: www.mts.net/~nacm

Services: Operated by the Native Addiction Council of Manitoba, the PritchardHouse Treatment Program is Manitoba's longest running program comprised entirely of staff who are of Native descent, for the treatment of addictions. They also offer a six week, home based Outreach Program for Native women, who have been impacted by the legacy of residential schools, addictions and other issues. Native Addictions Council of Manitoba's Outreach Treatment Program has been designed to meet the needs of those members of the public who are currently dealing with addiction-related issues, but who do not feel a residential program to be appropriate.

Manitoba

Nelson House Medicine Lodge

Box 458
Nelson House, MB
R0B 1A0
Tel: 204-484-2256
Fax: 204-484-2016
Email: nhmltreatment@norcom.com
Services:
Assessment, counselling, treatment.

Tamarack Rehab Inc.

60 Balmoral Street
Winnipeg, MB
R3C 1X4
Tel: 204-772-9836 / 775-3493
Fax: 204 772 9908
Email: intake@tamarackrehab.org
Web Site: www.tamarackrehab.org
Services:

Tamarack Rehab Inc. believes there are individuals who require extended assistance in developing an individualized and workable recovery plan to facilitate healthier lifestyles and become contributing member of the community. We develop and provide client centred rehabilitation programs to facilitate lifestyle change and encourage clients to access resources in the community.

Whiskey Jack Treatment Centre

336 Thompson Drive
Thompson, MB
R8N 0C4
Tel: 204-359-8995
Fax: 204-359-6497
Email: whiskyjack@digistar.mb.ca
Services: Assessment, counselling, treatment.

Ontario

Anishnabe Naadmaagi Gamig Substance Abuse Treatment Centre

Post Office Box 568
Blind River, ON
P0R 1B0
Tel: 705-356-1681
Fax: 705-356-1684
Email: angsatc@vianet.ca

Services:
Assessment, counselling, treatment.

Dilico Ojibwa Treatment Centre

100 Anemki Drive, Suite 201
Thunder Bay, ON
P7J 1A5
Tel: 807-623-7963
Fax: 807-623-2810

Services:
Assessment, counselling, treatment.

Drug and Alcohol Registry of Treatment (DART)

Toll Free 24 Hours: 1-800-565-8603

Services: Are drugs and alcohol affecting your life? DART can provide you with information about drug and alcohol treatment services in Ontario. Call the Drug and Alcohol Treatment Infoline at 1-800-565-8603. The infoline is toll-free, confidential, anonymous, and open 24 hours.

Ontario

Migisi Alcohol and Drug Abuse Treatment Centre

Anishinabe of Wauzhushk Onigum Nation

Post Office Box 1340

Kenora, ON

P9N 3X7

Tel: 807-548-5959 / 5545

Fax: 807-548-2084

Email: Migis@voyageur.ca

Services: Assessment, counselling, treatment.

Native Horizons Treatment Centre

Rural Route #1 Site 3A, Box 6

Hagersville, ON

N0A 1H0

Tel: 905-768-5144

Fax: 905-768-5564

Email: nhtc@sympatico.ca

Services: Assessment, counselling, treatment.

Ngwaagan Gamig Recovery Centre Inc.

Post Office Box 81, 56 Pitawanakat

Wikwemikong, ON

P0P 2J0

Tel: 705-859-2324

Fax: 705-859-2325

Email: rainbowl@msdcorp.com

Website: www.ngwaagan.ca

Services: Rainbow Lodge is a Native Treatment Centre. Our substance abuse treatment centre provides a culturally based program with a 12-Step foundation and Life Skills approach for our clientele. We encourage spiritual, physical and emotional well-being of our clientele. Services include treatment, prevention, and aftercare.

Ontario

Nimkee Nupi Gawagan Healing Centre

Rural Route #1

Muncey, ON

N0L 1Y0

Tel: 519-264-2277

Toll Free: 1-888-685-9862

Fax: 519-264-1552

Email: nimkee@netrover.com

Oh Shki Be Ma Te Ze Win Inc.

PO Box 820

Fort Frances, ON

P9A 3N1

Tel: 807-274-8438

Fax: 807-274-7753

Services: Oh Shki Be Ma Te Ze Win is a First Nations outpatient treatment agency. Addiction counsellors are available to anyone in the district who seeks help from this agency. The Outpatient Program is a mobile unit that can operate in any First Nation for the convenience of each of the ten bands served.

Reverend Tommy Beardy Memorial & Wee Che He Wayo

Gamik Family Treatment Centre

General Delivery

Muskrat Dam, ON

P0V 3B0

Tel: 807-471-2554

Fax: 807-471-2510

Services: Assessment, counselling, treatment.

Sagastawao Healing Lodge

Post Office Box 492

Moosonee, ON

P0L 1Y0

Tel: 705-336-3450

Fax: 705-336-3452

Email: sagastawao@onlink.net

Services: Assessment, counselling, treatment.

Quebec

Centre de réadaptation Miam Uapukun Inc. (Malioténam)

Case Postale 389

Moisie, PQ

G0G 2B0

Tel: 418-927-2254

Fax: 418-927-2262

Email: centreka@globetrotter.net

Services: Assessment, counselling, treatment.

Centre de réadaptation Wapan

Case Postale 428

La Tuque, PQ

G9X 3P3

Tel: 819-523-7641 / 7642

Fax: 819-523-7513

Email: wapan@lino.sympatico.ca

Website: www.wapan.ca

Drugs: Help and Referral

Tel 24 Hours: 514 527-2626(Montreal)

Toll Free 24 Hours: 1-800-265-2626

Fax: 514-527-9712

Website: www.drogue-aidereference.qc.ca

Email: dar@info-reference.qc.ca

Services: The Information and Referral Centre of Greater Montréal's mission is Helping through Information. Drugs: Help and Referral's mission has been defined as follows: to provide help and referral services that are free, bilingual, confidential and anonymous, to people who have problems with drugs, to their relatives and peers, and also to community workers. Drugs: Help and Referral can help: find the appropriate resource; understand the consequences of substance abuse; find an attentive ear to obtain the information one needs; and/or assist a friend or relative in the effort of breaking a drug habit..

Quebec

Fédération Québécoise des Centres de Réadaptation pour Personnes Alcooliques et Autres Toxicomanes

204, rue Notre-Dame Ouest

Bureau 350

Montréal, PQ

H2Y 1T3

Tel: 514-287-9625

Fax: 514-287-9649

Email: fqcrpat@fqcrpat.qc.ca

Website: www.fqcrpat.org

Services:

The Federation is the only provincial network dedicated entirely to alcohol and drug addiction. The Federation presents over twenty organizations at the provincial level.

Mawiomi Treatment Services

Post Office Box 1068

Maria, PQ

G0C 1Y0

Tel: 418-759-3522

Fax: 418-759-3048

Email: mawiomi@globetrotter.net

Services:

Assessment, counselling, treatment.

Onen'to: Kon Treatment Services

380 St. Michel, Post Office Box 3819

Kanehsatake, PQ

J0N 1E0

Tel: 450-479-8353

Fax: 450-479-1034

Services:

Assessment, counselling, treatment.

Quebec

Wanaki Center

Post Office Box 37

Maniwaki, PQ

J9E 3B3

Tel: 819-449-7000

Fax: 819-449-7832

Email: wanaki@ireseau.com

Services:

Assessment, counselling, treatment.

Walgwan Centre -First Nations Youth Rehabilitation Centre Box 1009

Gesgapegiag, PQ

G0C 1Y0

Tel: 418-759-3006

Fax: 418-759-3064

Email: fnyrc@globetrotter.net

Services:

Assessment, counselling, treatment.

Nova Scotia

Eagle's Nest Recovery House

P.O. Box 263

Shubenacadie, NS

B0N 2H0

Tel: 902-758-4277

Fax: 902-758-4229

Services:

The Native Alcohol & Drug Abuse Association of Nova Scotia (NADACA), founded in 1974, is mandated to deal with the greatest affliction ever faced by native people, alcohol and drug addiction.

Mi'Kmaw Lodge offers a treatment program and Eagles Nest Recovery House offers a transitional program to help recovering individuals to continue in a "substance free" state beyond the first stages of treatment.

Native Alcohol & Drug Abuse Counselling Association of Nova Scotia

70 Gabriel Street

Eskasoni, NS

B0A 1J0

Tel: 902-379-2262

Fax: 902-379-2412

Email: nadaca@istar.ca

Website: www.capebreton-
island.com/eskasoni/nadaca/

Mi'Kmaw Lodge Treatment

Center

70 Gabriel Street

Eskasoni, NS

B0A 1J0

Tel: 902-379-2267

Fax: 902-379-2702

Nova Scotia Health Authorities

Addiction Services Cape Breton District Health Authority

Tel: 902-563-2590

Website: www.cbgasha.com

Addiction Services Guysborough Antigonish Strait Health Authority

Tel: 902-863-5393

Website: www.cbgasha.com

Pictou County Health Authority Addiction Services

Amherst Office

Tel: 902-667-7094

Cobequid (Springhill) Office

Tel: 902-597-2156

New Glasgow Office

Tel: 902-755-7017

Pictou Office

Tel: 902-485-4335

Truro Office

Tel: 902-893-5900

Website: www.pcha.nshealth.
ca/addictionservices/default.htm

Nova Scotia

Colchester East Hants Health Authority

East Hants Resource Centre
Tel: 902-883-0295
Website: www.cehha.nshealth.ca/addiction/addiction.htm

Cumberland Health Authority

Website: www.cha.nshealth.ca/addictionservices/default.htm

Capital Health Addiction Prevention and Treatment Services

Tel: 902-424-5623
Website: www.cdha.nshealth.ca/programsandservices/addictionprevention/index.html

South Shore Health Authority Bridgewater

Tel: 902-543-7882

Liverpool

Tel: 902-354-3422

Lunenburg

Tel: 902-654-7325

Website: www.ssdha.nshealth.ca/Addictions.htm

South West Health Addiction Services

Tel: 902-742-2406

Mi'kmaw Family Treatment Centres

Millbrook First Nation
PO Box 665
Truro, NS
B2N 5E5
Tel: 902-893-8483

Toll Free Crisis Line: 1-800-565-4741

Fax: 902-893-2987

Services:

Assessment, counselling, treatment.

We'koqma'q First Nation

PO Box 310
Whycocmagh, NS

B0E 3M0
Tel: 902-756-3440

Toll Free Crisis Line: 1-800-565-3440

Fax: 902-756-3441

Website: www.thans.ca/mikmaq.html

Services:

Assessment, counselling, treatment.

Prince Edward Island

PEI Addiction Services

Toll Free: 1-888-299-8399

Website: www.gov.pe.ca/hss/addiction/provservices.php3

Montague Complex

126 Douses Road

Montague, PE

C0A 1R0

Tel: 902-838-0880

Toll Free: 1-877-320-1253

Fax: 902-838-0883

16 Garfield Street

Charlottetown, PE

C1A 6A5

Tel: 902-368-5791

Fax: 902-368-6136

216 Schurman Avenue

Summerside, PE

C1N 4W6

Tel: 902-888-8380

Fax: 902-432-2585

Kings Addiction Services

PO Box 100

Souris, PE

C0A 2B0

Tel: 902-687-7110

Toll Free: 1-888-299-8399

Fax: 902-687-7119

Website: www.downondrugs.homestead.com

Mount Herbert Provincial Addictions Treatment Facility

PO Box 2000

Charlottetown, PE

C1A 7N8

Tel: 902-368-4120

Fax: 902-368-6229

Website: www.gov.pe.ca/hirc/index.php3?number=1004456&lang=E

Services:

We will provide a continuum of addiction services which help Islanders live healthy, successful lives without relying on alcohol, drugs, or addictive behaviours. Treatment is based on a disease model with a goal of abstinence through the support of self-help groups. The primary objective of the Provincial Addictions Treatment Facility is to provide safe, medically supervised detoxification from all mood altering chemicals, education in the nature of addiction and motivation to further treatment. The centre in Mt. Herbert has 25 detox beds and 16 rehab beds and admits both men and women from across PEI. Adolescents in emergency situations, who require short-term observation and medication are also offered detox services.

North West Territories

Canadian Mental Health Association -NWT Division

Box 2580

5125-50th Street

Yellowknife, NT

X1A 2P9

Tel: 867-873-3190

Fax: 867-873-4930

Email: cmha@yk.com

Services: Promotes health through education and advocacy. The Jo MacQuarrie Resource Library is a publicly available collection of resource materials regarding mental illness, self help and abuse addictions.

Fort Simpson Friendship Centre

Box 470

Fort Simpson, NT

X0E 0N0

Tel: 867-695-2577

Fax: 867-695-2141

Email: friends@cancom.net

Services: Alcohol and drug counselling, community justice facilitator, choices and alternatives.

Healing Drum Society

Box 1565

Yellowknife, NT

X1A 2P2

Tel: 867-766-2007

Fax: 867-766-2318

Email: healingdrumsociety@theedge.ca

Services: Offers support and the chance of healing for anyone suffering addictions or other problems due to the trauma of abuse of residential schools.

North West Territories

Holman Health Centre

P.O. Box 160

Holman, NT

X0E 0S0

Tel: 867-396-3111

Fax: 867-396-3221

Services:

The Health Centre provides regular and emergency health care as well as support to victims of abuse through health care and crisis counseling as well as referrals to long-term support.

Inuvik Family Counselling Centre

Tel: 867-777-4148

Services: No application is required. Individuals can self-refer. An intake will be completed during the initial appointment.

Inuvik Regional Health and Social Services Board.

Tel: 867-777-8000

Nats'ejée K'éh Treatment Centre

Box 3053

Hay River, NT

X0E 1G4

Tel: 867-874-6699

Fax: 867-874-6611

Website: www.natsejeekeh.org

Services: 28-day alcohol and drug program consists of Dene culture, lectures, AATwelve Step Program, one-to-one counselling sessions. Interpretation in

South Slavey, Chipewyan and Dogrib is available.

North West Territories

NWT Health and Social Services

Website: www.hlthss.gov.nt.ca

Beaufort-Delta Health/Social Services Authority

Tel: 867-777-8000

Deh Cho Health & Social Services Authority

Tel: 867-695-3815

Fort Smith Health/Social Services Authority

Tel: 867-872-6200

Hay River Health & Social Services Authority

Tel: 867-874-7100

Sahtu Health & Social Services Authority

Community Health Centres

Colville Lake

Tel: 867-709-2409

Deline

Tel: 867-589-3111

Fort Good Hope

Tel: 867-598-2211

Norman Wells

Tel: 867-587-2250

Tulita

Tel: 867-588-4251

Stanton Territorial Health Authority

Tel: 867-669-4111

Tlicho Community Services Agency

Tel: 867-392-3000

Services:

Mental Health and Addiction Services as one of the six core services identified in the Integrated Services Delivery Model of the NWT Health and Social Services. NWT residents will have access to a wide range of mental health and addiction services that will be delivered through Primary Community Care Teams through collaborative practice at the community, regional and territorial levels. People will be supported to live balanced lives by promoting, protecting and restoring their well being.

Yukon

Yukon Health and Social Services

Alcohol and Drug Services

6118 6th Avenue (Sarah Steele Building)

Whitehorse, Yukon

Y1A 1M9

Tel: 867-667-5777

Website: http://www.hss.gov.yk.ca/programs/social_services/alcohol_drugs/

Services:

Assisting individuals and communities in reducing the harmful effects of alcohol and other drugs by providing quality addiction services, such as prevention services, detox, outpatient counselling, live-in treatment, youth services, and outreach. Also providing a crystal meth education series.

Yukon Substance Abuse Action Plan

Department of Justice J-10

Box 2703

Whitehorse, Yukon

Y1A 2C6

Tel: 867-393-7077

Toll Free: 1-800-661-0408 ext. 7077

Fax: 867-393-6326

Email: substance.abuse@gov.yk.ca

Website: www.substanceabuse.gov.yk.ca/

Services:

Provision of educational and information services, and coordination of provincial substance abuse action plan.

Nunavut

Nunavut Health and Social Services

Addictions and Mental Health
Website: www.gov.nu.ca/hss-site/promo.shtml#addictionsmentalhealth

Arctic Bay Health Centre

Tel: 867-439-8816

Baffin Regional Health and Family Services, Iqaluit.

Tel: 867-979-7680 /2393

Cambridge Bay Community Wellness Centre.

Alcohol and Drug Program

Tel: 867-983-2133

Cape Dorset Community Healing Team / Nunalingni

Mamisarniqmu Katutjiqatgii.

Tel: 867-897-8325

Clyde River Community Health Services.

Tel: 867-924-6012 /6014

Igloolik Social Services.

Tel: 867-934-8825

Kataujaq Society, Rankin Inlet.

Tel: 867-645-2214

Radio phone: 645-3343

Mianiqsijit, Baker Lake.

Tel: 867-793-2352

Nunavut Health and Social Services

Iqaluit

Tel: 867-975-5700

Nunavut Health and Social Ser-

vices, Baffin Region.

Addiction Services

Tel: 867-473-2622

Kitikmeot ~ Cambridge Bay

Tel: 867-983-4000

Nunavut Health and Social Services, Kivalliq Region.

Tel: 867-645-2171

Toll Free: 1-800-282-1949

Services:

Regional Health and Social Services carry out the delivery of addictions and mental health programs and services with local staff. These programs and services include, but are not limited to: counseling clients, group healing sessions, community wellness workshops, screening and referring A&D clients to treatment programs, case-management, and crisis management. Nunavut residents may request to be referred to a residential treatment center outside of Nunavut, as there are no centers in Nunavut. This request can be made to a Wellness Counselor/Addiction Worker or if this kind of resource does not exist within the respective community, through the local Health Centre.

“Meth is a Killer”



Jason Burnstick is a well known Aboriginal guitarist and performer.

“Meth Destroys Lives”



Tina Keeper is an Aboriginal activist, actress and member of the Canadian House of Commons for Churchill, Manitoba.